

# July- December 2018

# Professional Development Calendar

Broome, Chenango, & Tioga Counties



FOR MORE INFORMATION CALL

( 6 0 7 ) 7 2 3 - 8 3 1 3

**E X T E N S I O N 8 2 5** 

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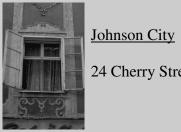
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JULY-DECEMBER 2018

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# FAMILY ENRICHMENT NETWORK OFFICE LOCATIONS



Norwich

Owego

24 Cherry Street

21 South Broad Street

1277 Taylor Road (in the Abide in the Vine building)

#### JULY · DECEMBER 2018



# CONTACT FAMILY ENRICHMENT NETWORK CCR&R STAFF

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Questions? Please call our Child Care Resource and Referral (CCR&R) Staff.

We're only a phone call away!

Call	Phone	For information about
	JOHNSON CITY OFFICE	
Leslie Vermaat, Trainer	723-8313 ext. 884	Training, online training, mentoring
Cathy Lipski, QI Specialist	723-8313 ext. 894	Grants, program assistance, start-up question, training, CPR/First Aid Training
Megan Brown, Infant Toddler Specialist	723-8313 ext. 826	Infant Toddler program questions, training
Norma Bergmann, Referral Specialist	723-8313 ext. 829	Referrals, program updates
Lisa Rosa, CACFP Coordinator	723-8313 ext. 824	CACFP/food program, LE questions
Crystal Rozelle, CACFP Monitor	723-8313 ext. 825	CACFP, EIP questions/training registration, LE questions
Elaine Johnson, Legally Exempt Specialist	723-8313 ext. 832	Legally Exempt questions (LE)
Jennifer Perney, CCR&R Director	723-8313 ext. 872	Comments, concerns and complaints
	NORWICH OFFICE	
Melanie Manwarren, CCR&R Specialist	373-3555 ext. 1523	General questions, program updates, training needs, LE questions,
OWEGO OFFICE		
Ann Shear, Tioga CCR&R Coordinator	687-6721 ext. 1186	CDA classes/training questions, licensing help, LE questions

# **Meet the Professional Development Team**

Family Enrichment Network is ready to meet your training needs with our knowledgeable and highly experienced trainers.



Ann Shear Tioga CCR&R Coordinator



Leslie Vermaat Training and Technical Assistance



Lisa Rosa CACFP Coordinator



Megan Brown Infant Toddler Specialist



Cathy Lipski Quality Improvement Specialist

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#### General Information and Training Policies

#### \*\* <u>Registration Information</u> \*\*

You must register for trainings <u>two weeks prior</u> to the date. All EIP paperwork, FEN scholarship paperwork, VOICE/CSEA number, and/or payments must be received to be considered registered. You must notify us of any scholarship submission. Your training enrollment is pending until we receive any scholarship award notification/voucher, so you need to apply early! You are not registered for a training at FEN unless you contact us!

Please make all checks payable to Family Enrichment Network, Inc.

If paying by credit card, you must have an email address. Please call for details.

Call Crystal at 723-8313 ext. 825 or email her at crozelle@familyenrichment.org to register.

#### \*\* EIP Information \*\*

Scholarship funding to participate in training may be available through the Educational Incentive Program (EIP). For more information or to apply for a scholarship, please visit

www.ecetp.pdp.albany.edu. You may also contact EIP at eip@albany.edu or 800-295-9616 or 518-442-6575.

Trainings are eligible for EIP if conducted by a NYS Credentialed Trainer. This is indicated in the training listing.

#### \*\* CSEA VOICE Information \*\*

Scholarship funding may be available through CSEA VOICE for family, group family, and legally exempt providers. Visit voicecsea.org to obtain a CSEA ID and for more information.

#### \*\* Cancellations \*\*

We reserve the right to cancel trainings if fewer than 3 people are registered, or in case of inclement weather. If you are registered, you will be contacted in the case of a cancellation. If you are unable to attend a training you are registered for, please cancel your registration by calling 723-&313 ext. 825.

#### \*\* Refund Policy \*\*

All trainings, conferences and/or workshops are NON-Refundable.

#### \*\* Parking Information \*\*

<u>Johnson City:</u> If you are coming to a training in the evening or the weekend, please use the visitor parking lot on the right side of the building in Johnson City, or park on the street. Please do not park in the fenced-in bus and employee parking lot. <u>Owego:</u> The entrance to the building is on the left side and parking is available in that area. <u>Norwich:</u> The training space at our Norwich office is located in the back of the building. Turn into the alley near the movie theater and park in the back parking lot.

#### \*\* Accessibility \*\*

In Johnson City, the front doors do lock after the trainings begin. Please arrive on time. If you need to leave the building after a training begins, take someone with you to let you back inside.

#### \*\* Training Certificates \*\*

Training certificates will be distributed at the training if you registered and paid in advance. If you are not registered for a training, but walk in, a training certificate will be provided upon completion of class AND after payment is received. There will be a \$5.00 charge for duplicate training certificates requested. You must complete the entire training in order to receive training credit. There is no option to take a partial training.

#### \*\* Children \*\*

To respect the professional training of others, please do not bring children to the trainings. There is no child care available and you will be asked to leave.

### \*\* Training Etiquette \*\*

Please be respectful of others by turning your cell phone to vibrate and limiting talking to that which is appropriate to the training.

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# TRAINING CATEGORIES

#### Office of Children and Family Services (OCFS) Categories:

- 1 Principles of Childhood Development
- 2 Nutrition and Health Needs of Children
- 3 Child Day Care Program Development
- 4 Safety and Security Procedures
- 5 Business Record Maintenance and Management
- 6 Child Abuse and Maltreatment Identification/Prevention
- 7 Statutes and Regulations Pertaining to Child Day Care
- 8 Statutes and Regulations Pertaining to Child Abuse
- 9 Education and Prevention of Shaken Baby Syndrome

#### Core Body of Knowledge (CBK) Competency Areas:

- 1 Child Growth and Development
- 2 Family and Community Relationships
- 3 Observation and Assessment
- 4 Environment and Curriculum

- 5 Health, Safety and Nutrition
- 6 Professionalism and Leadership
- 7 Administration and Management

#### Child Development Associate (CDA) Training Areas:

- 1 Planning a Safe, Healthy Learning Environment
- 2– Advancing Children's Physical & Intellectual Development
- 3 Supporting Children's Social and Emotional Development
- 4 Building a Productive Relationship with Families

- 5 Managing an Effective Program
- 6- Maintaining a Commitment to Professionalism
- 7 Observing and Recording Children's Behavior
- 8 Understanding Principles of Child Development and Learning

# **IMPORTANT PAYMENT INFORMATION**

**SUNY Professional Development Program Educational Incentive Program (EIP):** EIP is a voluntary scholarship program and may be available to help cover the costs of trainings. Please apply for EIP at www.ecetp.pdp.albany.edu. We do not want EIP applications or a copy of your income taxes. We only need proof of EIP eligibility (for example, approval letter, denial letter). If you are 100% eligible for EIP funding, you do not have to pay a copay. If you are 75% eligible for EIP, you will need to pay the remaining balance due. EIP vouchers must be signed and turned in for each training.

**CSEA/VOICE Professional Development Training Program:** Family Enrichment Network is an approved training organization. Family and group family child care providers can obtain their CSEA ID and apply for training scholarships through http://voicecsea.org/.

**FEN Scholarship**: A FEN Scholarship may be available to help you cover the training cost, if eligible. Eligibility for the FEN Scholarship will be reviewed annually. Proof of income will be reviewed, as well as program financial information. Economic hardships will be evaluated on an individual basis; this will determine your co-pay amount. Upon award, you will receive a voucher for each class you are approved for. You must turn in the voucher as payment for each training.

You will not be enrolled in training until payment is made or proof of scholarship is provided.

Classes not eligible for scholarships are listed. To be eligible for EIP, classes must be approved through SUNY PDP and conducted by a credentialed or verified trainer. Classes are submitted for approval by our trainers.

Classes not currently approved for EIP include MAT and the Health and Safety Training (for non-registered/licensed providers).

All classes should be eligible for the CSEA/VOICE scholarship, as Family Enrichment Network is an approved training organization.

Classes not eligible for the FEN Scholarship include MAT, Health and Safety Training (startup grants may be available for providers in the process of registration or licensing), Fall Conference, CPR/First Aid, and CDA. The FEN Scholarship is designed for single, evening classes.

Please call the training registration specialist with questions about how payment works.

# **BROOME COUNTY T R A I N I N G S**

Located at: Family Enrichment Network, 24 Cherry Street, Johnson City



## JULY

### **Promoting Language**

Do you know the best ways for promoting language in young children? This workshop will focus on the top strategies to promote language and how that translates into an early childhood environment.

Megan Brown
July 12, 2018
6:00-8:00pm
2 hours
1 & 3
1
5, 6, & 8
\$10/no scholarship
ALL

### **CPR/First Aid—Recertification Class**

Date:	
Time:	
Training credit:	
Cost:	
Target Audience:	

July 18, 2018 5:00pm-9:00pm 4 hours \$60 ALL

### **CPR/First Aid—Full Course**

Date:	July 21, 2018
Time:	8:00am-2:00pm
Training credit:	6 hours
Cost:	\$80
Target Audience:	ALL

### Health and Safety

This competency based 15-hour training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion is required for all new group and family child care providers prior to becoming licensed or registered, as well as existing providers who change location or modality. You must register with both SUNY PDP and FEN for this training.

#### www.ecetp.pdp.albany.edu/findtraining.aspx

Presenter:	Leslie Vermaat
Date:	July 24, 25, & 26, 2018
Time:	8am– 1pm each day
Training credit:	15 hours total
OCFS Categories:	2, 4, 5, 6, 7, 8, & 9
CBK Competencies:	5&7
CDA Training Areas:	1, 5, & 6
Cost:	\$250
Target Audience:	ALL

### **Small Talk - Introduction to Child Development**

Using the new SUNY PDP 5-hour Child Development Curriculum, we will be offering each module as a Small Talk the remainder of 2018.

This is Part 1 of 5.	
Presenter:	Cathy Lipski
Date:	July 25, 2018
Time:	6:30-7:30pm
Training credit:	1 hour
Cost:	Free
Target Audience:	ALL



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# **BROOME CONTINUED...**

Located at: Family Enrichment Network, 24 Cherry Street, Johnson City

### <u>AUGUST</u>

### Why Worry About Plastics?

We use plastics every day. They make our lives easier. But plastic products end up in landfills, waterways, oceans, and wildlife habitats. Certain plastics contain harmful chemicals that can be found in baby bottles, sippy cups, and toys! Come to this special topic of Eco-Health Child Care and learn how to recognize hazardous products and replace them with healthier, environmentally safe products. Presenter: Cathy Lipski

Presenter:	Cathy Lipski
Date:	August 1, 2018
Time:	10:00am-11:30am
Training credit:	1 and 1/2 hours
OCFS Category:	2
CBK Competencies:	5
CDA Training Areas:	1
Cost:	FREE
Target Audience:	ALL

### **Open Ended Art**

Join us for a workshop that explores open ended art ideas for infants and toddlers. We will focus on how to promote process versus product art and how that translates into an early childhood environment.

Presenter:	Megan Brown
Date:	August 2, 2018
Time:	6:00-8:00pm
Training credit:	2 hours
OCFS Category:	3
CBK Competencies:	4
CDA Training Areas:	3 & 7
Cost:	\$10/no scholarship
Target Audience:	ALL



### Small Talk - Infant Care

Using the new SUNY PDP 5-hour Child Development Curriculum, we will be offering each module as a Small Talk the remainder of 2018.

This is Part 2 of 5. Presenter: Date: Time: Training credit: Cost: Target Audience:

Cathy Lipski August 22, 2018 6:30-7:30pm 1 hour Free ALL



#### **Infant Toddler Lesson Planning**

Do you struggle with planning lessons for infants and toddlers? This workshop will share ways to plan interesting and developmentally appropriate activities based on the "Creative Curriculum." Join us to learn some easy and useful tips.

Presenter: Date: Time: Training credit: OCFS Category: CBK Competencies: CDA Training Areas: Cost: Target Audience: Megan Brown August 23, 2018 6:00-8:00pm 2 hours 1 & 3 1 & 4 3 & 5 \$10/no scholarship ALL

# **BROOME CONTINUED...**

Located at: Family Enrichment Network, 24 Cherry Street, Johnson City

### **SEPTEMBER**

#### Health and Safety

This competency based 15-hour training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion is required for all new group and family child care providers prior to becoming licensed or registered, as well as existing providers who change location or modality.

You must register with both SUNY PDP and FEN for this training.

#### www.ecetp.pdp.albany.edu/findtraining.aspx

Presenter:	Leslie Vermaat
Date:	Sept, 6, 11, & 13, 2018
Time:	8am– 1pm each day
Training credit:	15 hours total
OCFS Categories:	2, 4, 5, 6, 7, 8, & 9
CBK Competencies:	5&7
CDA Training Areas:	1, 5, & 6
Cost:	\$250
Target Audience:	ALL



### **Planning For Emergencies**

The goal of this session is to teach/review how to keep children safe by planning in advance for emergencies. This training will focus on the why, what, and how of emergency preparedness training. Included will be a review of the regulations and what components are necessary for effective plans. The process of practicing the plans with the children through drills will also be discussed.

Presenter:	Leslie Vermaat
Date:	September 25, 2018
Time:	6:30-8:30pm
Training credit:	2 hours
OCFS Category:	4
CBK Competencies:	5
CDA Training Areas:	1
Cost:	\$70/ EIP
Target Audience:	ALL

### **CPR/First Aid—Recertification Class**

Date:	September 12, 2018
Time:	5:00pm-9:00pm
Training credit:	4 hours
Cost:	\$60
Target Audience:	ALL

### Tips and Tricks on Children's Diet and Nutrition

Come and learn some tips and tricks on how to get children to eat, review nutrition for toddlers and preschoolers and discuss challenges and strategies for picky eaters. We will also review record keeping for CACFP.

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Presenter	:	Lisa Rosa
Date:		September 25, 2018
Time:		6:30-8:30pm
Training	credit:	2 hours
OCFS Ca	tegories	2, 3 & 5
CBK Cor	npetencies:	1 & 5
CDA Tra	ining Areas:	2
Cost: Fr	ree if enrolled in CA	CFP
\$7	70-not enrolled in CA	ACFP/EIP eligible
Target Au	udience:	FCC, GFCC and
Le	egally Exempt if enr	olled in CACFP

### Small Talk - Toddlers and Preschoolers

Using the new SUNY PDP 5-hour Child Development Curriculum, we will be offering each module as a Small Talk the remainder of 2018.

This is Part 3 of 5.	
Presenter:	Cathy Lipski
Date:	September 26, 2018
Time:	6:30-7:30pm
Training credit:	1 hour
Cost:	Free
Target Audience:	ALL



# **BROOME CONTINUED...**

### Located at: Family Enrichment Network, 24 Cherry Street, Johnson City

## **OCTOBER**

### **Director Health and Safety**

Directors are responsible for hiring, training, and maintaining staff who provide a healthy and safe environment for children. This course will help directors look at policies and procedures that reinforce highquality health and safety practices. Directors will receive in-depth information on the Child Care Development Block Grant training requirements and will be encouraged to examine their policies in order to make positive changes that promote best practice care. You must register with both SUNY PDP and FEN for this training.

#### www.ecetp.pdp.albany.edu/findtraining.aspx

Presenter:	Leslie Vermaat
Date:	October 2, 4 & 9, 2018
Time:	8am– 1pm each day
Training credit:	15 hours total
OCFS Categories:	2, 4, 5, 6, 7, 8, & 9
Cost:	\$250
Target Audience:	CCC, SACC &
	LE Group Directors

### Why Worry About Plastics?

We use plastics every day. They make our lives easier. But plastic products end up in landfills, waterways, oceans, and wildlife habitats. Certain plastics contain harmful chemicals that can be found in baby bottles, sippy cups, and toys! Come to this special topic of Eco-Health Child Care and learn how to recognize hazardous products and replace them with healthier, environmentally safe products.

Presenter: Cathy Lipski Date: October 10, 2018 Time: 6:30-8:00pm Training credit: 1 and 1/2 hours OCFS Category: 2 **CBK** Competencies: 5 CDA Training Areas: 1 Cost: FREE Target Audience: ALL

# Small Talk - School-Age Children and Children with Special Needs

Using the new SUNY PDP 5-hour Child Development Curriculum, we will be offering each module as a Small Talk the remainder of 2018.

This is Part 4 of 5. Date:

Time: Training credit: Cost: Target Audience: October 24, 2018 6:30-7:30pm 1 hour Free ALL

# **SAVE THE DATE** Broome Fall Conference

Date:	Saturday, October 20, 2018
Location:	SUNY Broome Community College
Target Audience:	ALL

#### Webcast (formerly Videoconference): Town Hall Meeting: Examining the Business Side of Child Care

October 25, 2018
5:45pm-9:15pm
ALL
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# **NEW CPR/First Aid OPTION**

### Blended Learning CPR/First Aid/AED Course

You must have computer and internet access! When you register, you will receive the course materials digitally. You will study on your own, then come in to demonstrate your skills in person. You will determine your specific testing time when you register. Date: October 27, 2018

Deadline to Register: Time: Training credit: Cost: Target Audience: October 27, 2018 October 20, 2018 9:00am-3:00pm 6 hours \$80 ALL

# **BROOME CONTINUED...**

### Located at: Family Enrichment Network, 24 Cherry Street, Johnson City

## **NOVEMBER**

#### **CPR/First Aid—Recertification Class**

Date: Time: Training credit: Cost: Target Audience:

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November 14, 2018 4:00pm-8:00pm 4 hours \$60 ALL

### Small Talk - Supervision

Using the new SUNY PDP 5-hour Child Development Curriculum, we will be offering each module as a Small Talk the remainder of 2018.

November 28, 2018
6:30-7:30pm
1 hour
Free
ALL

### **DECEMBER**

### Child Abuse and Abusive Head Trauma (SBS)

In this workshop we will review the general responsibilities of a mandated child abuse reporter, the indicators of child abuse and reasonable cause to suspect. This training will also focus on the brain development of children and why it is so vitally important to prevent Shaken Baby Syndrome.

Presenter:	Leslie Vermaat
Date:	December 4, 2018
Time:	6:30-8:30pm
Training credit:	2 hours
OCFS Category:	6, 8, & 9
CBK Competencies:	1, 5, & 6
CDA Training Areas:	1 & 2
Cost:	\$70/ EIP
Target Audience:	ALL



### Health and Safety

This competency based 15-hour training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion is required for all new group and family child care providers prior to becoming licensed or registered, as well as existing providers who change location or modality.

You must register with both SUNY PDP and FEN for this training.

www.ecetp.pdp.albany.edu/findtraining.aspx

	Presenter:	Leslie Vermaat
	Date:	Nov 27,29,&Dec 6, 2018
	Time:	8am– 1pm each day
	Training credit:	15 hours total
	OCFS Categories:	2, 4, 5, 6, 7, 8, & 9
	CBK Competencies:	5&7
	CDA Training Areas:	1, 5, & 6
	Cost:	\$250
	Target Audience:	ALL
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### **Screen Free For Me**

Changing screen habits can be a challenge for both children and adults. Attend this workshop to learn and discuss strategies for helping children spend less time with screens and more time playing, reading, daydreaming, creating, exploring, and connecting with family and friends!

Presenter: Date: Time: Training credit: OCFS Category: CBK Competencies: CDA Training Areas: Cost: Target Audience:

Cathy Lipski December 13, 2018 6:30-8:30pm 2 hours 1 & 2 1 & 5 1, 3 & 8 \$10/ No EIP ALL

# **CHENANGO COUNTY TRAININGS**

Located at: Family Enrichment Network, 21 S Broad Street, Norwich

## AUGUST

**CPR/First Aid—Full Course (Recertification Option Available)** (Call to schedule recertification time)

\*Working dinner—bring own food\*

Date: Full Class Time: Cost: Target Audience: August 7, 2018 3:30-8:30pm \$80 ALL



### **SEPTEMBER**

### **Cavity Free Kids**

Cavity Free Kids is oral health education for young children and their families. We will look at the importance of baby teeth, what causes cavities, tooth healthy food and beverages and activities and lessons for your programs. We will also look at good oral hygiene through "Brush, Floss, Swish", Going to the Dentist and tools to engage families.

Cathy Lipski
September 20, 2018
6:00-8:00pm
2 hours
2 & 3
4 & 5
1, 2 & 4
FREE
ALL

### **OCTOBER**

Webcast (formerly Videoconference): Town Hall Meeting: Examining the Business Side of Child Care Date: October 25, 2018 Time: 6:45pm-9:15pm

### **NOVEMBER**

# **SAVE THE DATE** Chenango Fall Conference

Date: Location:

Times:

Saturday, November 3, 2018 SUNY Morrisville, Norwich Campus 8:00am-4:00pm

Workshop topics to be announced. Registration will open in September.

# NEW CPR/First Aid OPTION

Blended Learning CPR/First Aid/AED Course

You must have computer and internet access! When you register, you will receive the course materials digitally. You will study on your own, then come in to demonstrate your skills in person. You will determine your specific testing time when you register.

Date:	
Deadline to Register:	
Time:	
Training credit:	
Cost:	
Target Audience:	

October 27, 2018 October 20, 2018 9:00am-3:00pm 6 hours \$80 ALL

# If you have other training needs, please call!

We can set up additional classes and workshops based on needs or can individualize training for your program. Call Melanie at 373-3555 to get in touch with a CCR&R Specialist to help.

# TIOGA COUNTY TRAININGS

Located at: Family Enrichment Network/ Abide in the Vine 1277 Taylor Road, Owego

## <u>JULY</u>

**Tips and Tricks on Children's Diet and Nutrition** Come and learn some tips and tricks on how to get children to eat, review nutrition for toddlers and preschoolers and discuss challenges and strategies for picky eaters. We will also review record keeping for CACFP.

Presenter: Lisa Rosa Date: July 18, 2018 6:30-8:30pm Time: Training credit: 2 hours **OCFS** Categories 2,3 & 5 CBK Competencies: 1 & 5 CDA Training Areas: 2 Cost: Free if enrolled in CACFP \$70-not enrolled in CACFP/EIP eligible Target Audience: FCC, GFCC and Legally Exempt if enrolled in CACFP



### **SEPTEMBER**

What's New and Planning Ahead for Fall/Winter This training will review the most recent "Dear Provider" letter from OCFS and discuss changes affecting family child care providers, or any other issues/child care trends they should be aware of. We'll also review the current training calendar for July through December and make individualized professional development plans. Assistance with EIP or VOICE scholarship applications will be available.

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Presenter:	Ann Shear
Date:	September 12, 2018
Time:	6:30-8:30pm
Training credit:	2 hours
OCFS Categories:	5 & 7
CBK Competencies:	6 & 7
CDA Training Areas:	5 & 6
Cost:	FREE
Target Audience:	FCC, GFCC ONLY

# The Importance of Rituals and Helping Children Understand Routines and Schedules

What are "rituals" in a child care program, and how do they help children understand routines and schedules? What is the difference between a routine and a schedule? These are questions we'll discuss as we delve into the importance of rituals and how they affect more areas of a child's development than you might have thought.

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Presenter:		Ann Shear	
Date:		September 19	9, 2018
Time:		6:30-8:30pm	
Training credit:		2 hours	
OCFS Categories:		3 & 7	
CBK Competencies:		4 & 7	
CDA Training Areas:		5&6	
Cost:		\$70/ EIP elig	ible
Target Audience:		FCC, GFCC	ONLY

# **OCTOBER**

### Halloween Fears are Manageable

Have you ever planned what you thought was a really fun Halloween activity for children, only to have some children react with tears and apprehension? We'll discuss age-appropriate activities for Halloween with a focus on stages of child development and an exploration of child temperament and how it affects a child's reactions. We'll also touch upon some reminders for Halloween safety while celebrating in your program, and a few tips on how to use Halloween to promote your business.

Presenter: Date: Time: Training credit: OCFS Categories: CBK Competencies: CDA Training Areas: Cost: Target Audience: Ann Shear October 24, 2018 6:30-8:30pm 2 hours 1, 4, 5 & 7 1, 5, & 7 1, 3, 5 & 8 \$70/ EIP eligible FCC, GFCC ONLY



# TIOGA CONTINUED...

Located at: Family Enrichment Network/ Abide in the Vine 1277 Taylor Road, Owego

#### Webcast (formerly Videoconference): **Town Hall Meeting: Examining the Business Side** of Child Care October 25, 2018

Date: 6:45pm-9:15pm Time: Target Audience: ALL

#### **NOVEMBER**

#### Tips and Tricks on Children's Diet and Nutrition

Come and learn some tips and tricks on how to get children to eat, review nutrition for toddlers and preschoolers and discuss challenges and strategies for picky eaters. We will also review record keeping for CACFP.

Presenter:	Lisa Rosa	
Date:	November 7, 2018	
Time:	6:30-8:30pm	
Training credit:	2 hours	
OCFS Categories	2, 3 & 5	
CBK Competencies:	1 & 5	
CDA Training Areas:	2	
Cost: Free if enrolled in CACFP		
\$70-not enrolled in CACFP/EIP eligible		
Target Audience:	FCC, GFCC and	
Legally Exempt if enrolled in CACFP		

#### **Gross Motor Activities for Indoors**

Long winter months lie ahead, but that's no reason for children to become couch potatoes. This discussion will explore different ways to provide simple indoor gross motor activities for children during the inclement weather. We'll focus on fun games that require no or very low cost materials, and how to share the activities with parents to keep the fun going at home.

14.2018

Presenter:	Ann Shear
Date:	November 14, 20
Time:	6:30-8:30pm
Training credit:	2 hours
OCFS Categories:	2&7
CBK Competencies:	5&7
CDA Training Areas:	2 & 6
Cost:	\$70/ EIP eligible
Target Audience:	ALL

DECEMBER

Who Wants to Be a Millionaire?

Join us for a game of "Who Wants to Be a Millionaire?", based upon the OCFS regulations for family and group family child care. A fun way to stay current on the regs!

Presenter:	Ann Shear
Date:	December 12, 2018
Time:	6:30-8:30pm
Training credit:	2 hours
OCFS Categories:	7 & 8
CBK Competencies:	7
CDA Training Areas:	5&6
Cost:	\$70/ EIP eligible
Target Audience:	ALL

# **NEW CPR/First Aid OPTION**

### **Blended Learning CPR/First Aid/AED Course**

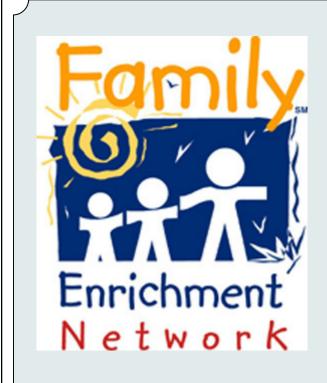
You must have computer and internet access! When you register, you will receive the course materials digitally. You will study on your own, then come in to demonstrate your skills in person. You will determine your specific testing time when you register.

Date:	October 27, 2018
Deadline to Register:	October 20, 2018
Time:	9:00am-3:00pm
Training credit:	6 hours
Cost:	\$80
Target Audience:	ALL





Family Enrichment Network 24 Cherry Street Johnson City, NY 13790-0997



The mission of Family Enrichment Network is to provide supportive services for the optimal development of children and families. This mission includes a strong commitment to families and partnering with community agencies to develop and provide programs to achieve the best results for children and families. We believe in coordinating children and family services using a comprehensive and collaborative approach to improve their quality of life while ensuring the greatest value for our investment in child. adult. and parent development.

To learn more about our mission, and share in our vision that all children and families have the opportunity to grow and develop to their full potential, please visit our website at www.familyenrichment.org.